



AHMC Anaheim Regional Medical Center

AHMC Healthcare

FREE QUIT SMOKING CLASSES



2019 SCHEDULE **MONDAYS** 5:30 - 6:30 P.M.

JANUARY

Jan. 7, 14, 21, 28
& Feb. 4

MARCH

Feb. 25,
Mar. 4, 11, 18 & 25

APRIL

Apr. 15, 22, 29
May 6 & 13

JUNE

May 27,
Jun. 3, 10, 17 & 24

Please RSVP if you would like to sign up.

CALL 1-866-NEW LUNG

(639-5864)

Anaheim Regional Medical Center - Medical Office Building
1211 W. La Palma Ave., Anaheim, CA 92801
Participants receive a **FREE SUPPLY OF NICOTINE PATCHES.**
Sessions are located in the Basement, Classroom B